

GRASTON[®]
TECHNIQUE

SIMPLY THE BEST SOFT TISSUE TREATMENT

Graston Technique®, the original instrument- assisted soft tissue mobilization technique is...

- changing the way soft tissue injuries are treated
- preventing acute conditions from becoming chronic
- reversing the outcome on conditions once thought to be permanent
- substantiated by research

The patented Graston Technique instruments are exempt from FDA regulations.



FOR THE TREATMENT OF ACUTE OR CHRONIC:

- Cervical Sprain/Strain (neck pain)
- Lumbar Sprain/Strain (back pain)
- Carpal Tunnel Syndrome (wrist pain)
- Plantar Fasciitis (foot pain)
- Lateral Epicondylitis (tennis elbow)
- Medial Epicondylitis (golfer's elbow)
- Rotator Cuff Tendinitis (shoulder pain)
- Patellofemoral Disorders (knee pain)
- Achilles Tendinitis (ankle pain)
- Fibromyalgia
- Scar Tissue
- Shin Splints
- Trigger Points



Acute or chronic — the technique gets results

The Graston Technique® (GT) is an excellent blueprint for treating and resolving soft tissue injuries, including repetitive stress diagnoses. Clinicians report improved outcomes, decreased number of treatments and reduced manual stress.

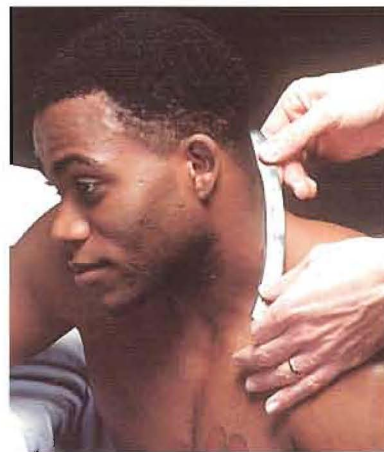
The result...decreased pain and increased function.



See what the experts are saying about the Graston Technique® ...

"I use the Graston Technique instruments and find them indispensable in my approach to soft tissue problems. The instruments allow a deeper, more sensitive palpation and treatment of fibrotic restricted tissue."

—WARREN I. HAMMER, DC, MS, DABCO



"Graston Technique helps me better identify fibrosis on the soft tissue, and my patients can feel it working so they can provide instant feedback during treatment. GT has definitely added value to my practice."

—GRETCHEN MAURER, OTR, CHT, OWNER

"Using the Graston Technique, I have been able to help patients achieve higher levels of function and pain relief — even those who have not succeeded with prior intervention."

—M. TERRY CAREY, MS PT, MTC

"The GT instruments are the most valuable rehab/preventative injury tool for treating the elite athletes that I have had access to. It's truly my best option, even in private practice. I don't know how I would practice without it."

—MARK S. PFEIL, PT, ATC, CSCS
NBA TRAINER OF THE YEAR 1999-2000

"The Graston Technique is one of the most innovative soft tissue treatments to come along in many years. It will save your hands, add longevity to your career, and provide a tremendous adjunct to other forms of treatment."

—TOM HYDE, DC, DACBSP

**Call toll free or visit our website to get more
information about the Graston Technique.**

GRASTON®
TECHNIQUE
GET THE EDGE

Toll Free: 866.926.2828
www.grastontechnique.com



The patented Graston Technique is recognized and used...

- > At leading universities and healthcare institutions:
 - Indiana University, UCLA, University of Texas, National University of Health Sciences, Community Hospitals, St. Vincent Hospital, Physiotherapy Associates
- > By professional sports teams:
 - Washington Redskins, Seattle SuperSonics, San Francisco 49ers, Miami Heat, St. Louis Cardinals, Colorado Avalanche, New York Knicks
- > At work in some of America's largest companies:
 - Allison Transmission, SuperValu, International Truck & Engine, Disneyland Entertainment

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